Safe
Trash
Pick Up
LEAVE NO TRACE
ARIZONA
SEVEN PRINCIPLES

No 1 | PLAN AHEAD & PREPARE

No 2 | STICK TO TRAILS

No 3 | TRASH YOUR TRASH

No 4 | LEAVE WHAT YOU FIND

No 5 | BE CAREFUL WITH FIRE

No 6 | RESPECT WILDLIFE

No 7 | SHARE THE OUTDOORS
Know Before You Go

- Safety first
- Maintain physical distance 6 feet
- Personal protective equipment
- Be visible
- Encourage positive behaviors
- Suggest alternatives to negative behaviors
- Listen to your inner voice
- Share information with land managers
Pick Up Trash Anywhere

PARKS

MOUNTAIN PRESERVES

PUBLIC LANDS
What to Bring

The Basics

- **Personal protective equipment**
  - Mask or shield
  - Gloves
  - Safety glasses
- **Hand sanitizer**
- **Germ killing wipes**
- **Safety vest, reflective gear, bright colors**
- **Wear old clothing**
- **Change of clothing**
What to Bring

Contain the Trash

- Reuse containers and bags that are not recyclable
- Heavy duty trash bags
- 2 or 5 gallon buckets
- Ziploc bag wrapped in duct tape
- Pringles can
- Dry bag
- Reusable bag
- Mesh bags for water ways or recyclables
What to Bring

Tools of the Trade

- Trash grabbers
- Pointed picker trash stick
- Rake
- Shovel
- Hiking poles
What to Bring

The Extras

- Forceps
- Clipper
- Scissors
- Magnets
- Paracord
- Zip ties
Be Safe

- Be aware of your surroundings
- Think before you act
- Potentially hazardous items
  - Human waste
  - Needles
  - Homeless camps
  - Ill, injured, or deceased wildlife
Document Your Work

PICTURES BEFORE!
PICTURES AFTER!
KEEP A LIST
CHALLENGE OTHERS
SHARE ON SOCIAL MEDIA
Why

Exercise
Great for environment
Creates goodwill
Community connection
Lead by example
Accessible for all abilities and ages
There’s an App for That! Map Your Impact!

Litterati  PIRIKA  Rubbish
Community Champions

- Land Managers
- Park Stewards
- Non-Profits Cause Groups – Natural Restorations
- Non-Profit Critter Groups – Audubon
- Non-Profit User Groups – Friends of Tonto
- For Profit Organizations – Keep Nature Wild
- Social Groups – Planet A Challenge
Resources & Information

- Leave No Trace Skills Series: Trash Timeline
- Leave No Trace: Dispose of Waste Properly
- NPR Outdoor Activity of the Day: Trash Pickup
- Red Rock News: Stewards of Sedona
- Arizona Republic: AZ State Parks Littered with Trash
Thank you!

Beth Keune
Volunteer Arizona State Advocate
Leave No Trace Center for Outdoor Ethics
azadvocate@lnt.org or beth@protectwildtrails.com
480-363-7924