



# Safe Trash Pick Up

**LEAVE NO TRACE**

**ARIZONA**

**SEVEN  
PRINCIPLES**

**No 1** | PLAN AHEAD  
& PREPARE



**No 2** | STICK TO  
TRAILS



**No 3** | TRASH  
YOUR TRASH



**No 4** | LEAVE WHAT  
YOU FIND



**No 5** | BE CAREFUL  
WITH FIRE



**No 6** | RESPECT  
WILDLIFE



**No 7** | SHARE THE  
OUTDOORS



# Know Before You Go



- ▶ **Safety first**
- ▶ **Maintain physical distance 6 feet**
- ▶ **Personal protective equipment**
- ▶ **Be visible**
- ▶ **Encourage positive behaviors**
- ▶ **Suggest alternatives to negative behaviors**
- ▶ **Listen to your inner voice**
- ▶ **Share information with land managers**

# Pick Up Trash Anywhere



PARKS



MOUNTAIN  
PRESERVES



PUBLIC LANDS

# What to Bring

## The Basics

- ▶ **Personal protective equipment**
  - Mask or shield
  - Gloves
  - Safety glasses
- ▶ **Hand sanitizer**
- ▶ **Germ killing wipes**
- ▶ **Safety vest, reflective gear, bright colors**
- ▶ **Wear old clothing**
- ▶ **Change of clothing**

# **What to Bring** **Contain the Trash**

- ▶ **Reuse containers and bags that are not recyclable**
- ▶ **Heavy duty trash bags**
- ▶ **2 or 5 gallon buckets**
- ▶ **Ziploc bag wrapped in duct tape**
- ▶ **Pringles can**
- ▶ **Dry bag**
- ▶ **Reusable bag**
- ▶ **Mesh bags for water ways or recyclables**

# What to Bring

## Tools of the Trade

- ▶ **Trash grabbers**
- ▶ **Pointed picker trash stick**
- ▶ **Rake**
- ▶ **Shovel**
- ▶ **Hiking poles**

# What to Bring The Extras

- ▶ Forceps
- ▶ Clipper
- ▶ Scissors
- ▶ Magnets
- ▶ Paracord
- ▶ Zip ties



# Be Safe

- ▶ **Be aware of your surroundings**
- ▶ **Think before you act**
- ▶ **Potentially hazardous items**
  - Human waste
  - Needles
  - Homeless camps
  - Ill, injured, or deceased wildlife

# Document Your Work



**PICTURES BEFORE!  
PICTURES AFTER!**



**KEEP A LIST**



**CHALLENGE  
OTHERS**



**SHARE ON  
SOCIAL MEDIA**

# Why

**Exercise**

**Great for  
environment**

**Creates  
goodwill**

**Community  
connection**

**Lead by  
example**

**Accessible for  
all abilities  
and ages**

**There's an App for That!**  
**Map Your Impact!**

**Litterati**

**PIRIKA**

**Rubbish**

# Community Champions

- ▶ **Land Managers**
- ▶ **Park Stewards**
- ▶ **Non-Profits Cause Groups** – Natural Restorations
- ▶ **Non-Profit Critter Groups** - Audubon
- ▶ **Non-Profit User Groups** – Friends of Tonto
- ▶ **For Profit Organizations** – Keep Nature Wild
- ▶ **Social Groups** - Planet A Challenge

# Dates

March 3  
World Wildlife Day

March 18  
Global Recycling Day

March 21  
International Day of  
the Forests

March 22  
World Water Day

April 3  
Arizona Public Lands  
Day

April 22  
Earth Day

April 18-24  
National Volunteer  
Week

June 5  
World Environment  
Day  
National Trails Day

September 25  
National Public Lands  
Day

October 23  
Make a Difference  
Day

November 15  
National Clean Up  
Day  
America Recycles  
Day

November 17  
National Take a Hike  
Day

December 4  
Wildlife Conservation  
Day

December 11  
International  
Mountain Day

# Resources & Information

- ▶ [Leave No Trace Skills Series: Trash Timeline](#)
- ▶ [Leave No Trace: Dispose of Waste Properly](#)
- ▶ [NPR Outdoor Activity of the Day: Trash Pickup](#)
- ▶ [Red Rock News: Stewards of Sedona](#)
- ▶ [Arizona Republic: AZ State Parks Littered with Trash](#)

**Thank you!**

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