



# 7 PRINCIPLES OF LEAVE NO TRACE

## PLAN AHEAD & PREPARE



Be prepared! Remember food and water, and clothes to protect you from cold, heat and rain.

## TRAVEL & CAMP ON DURABLE SURFACES



Walk and ride on designated trails to protect trailside plants. Camp only on existing or designated campsites to avoid damaging vegetation.

## TRASH YOUR TRASH



Pack it in, Pack it out. Put litter—even crumbs, peels and cores—in garbage bags and carry it home.

## LEAVE WHAT YOU FIND



Leave plants, rocks and historical items as you find them so others can enjoy them.

## BE CAREFUL WITH FIRE



Use a camp stove for cooking. Stoves are easier to cook on and create less impact than a fire.

## RESPECT WILDLIFE



Observe wildlife from a distance and never approach, feed or follow them.

## SHARE THE TRAIL



Be considerate when passing others on the trail.

**ARIZONA**  
OFFICE OF TOURISM

